



## WAYS TO GET INVOLVED:

**Donate**

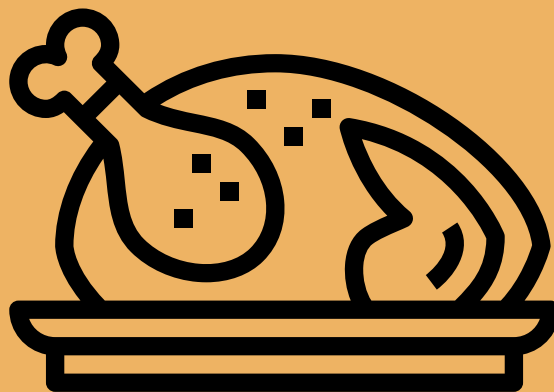
**Volunteer**

**Nominate a Family**

**Spread the Word**

**ThanksgivingHeroes.org**

*Thanksgiving Heroes is a national nonprofit organization with a simple mission to rally thousands of volunteers across the U.S. to feed families in need of a Thanksgiving meal.*



TGH is a registered 501(c)(3) and eligible for tax deductions

Contact us  
[info@thanksgivingheroes.org](mailto:info@thanksgivingheroes.org)  
[www.thanksgivingheroes.org](http://www.thanksgivingheroes.org)



## OUR VISION

For every American family to be able to come together to experience true gratitude over a delicious Thanksgiving meal, regardless of their financial need



## Meet Rob Adams

A single warm holiday meal might not seem like much, but when you are struggling to scrape enough money together just to pay your monthly rent, the thought of filling a family's bellies with a Thanksgiving feast is unfathomable.

Growing up, Thanksgiving Heroes founder Rob Adams knew this feeling intimately: there was a time when his parents couldn't afford Thanksgiving dinner for his family. Thankfully, their holiday during those times were brightened by generous friends, who fed them at their lowest points.

The experience made Rob promise to pay that generosity forward by never letting another family go hungry on Thanksgiving.

He founded Thanksgiving Heroes to fulfill this promise.



## WHAT GETS DELIVERED

- 15-20 lb turkey with turkey pan
- 10 lb bag of potatoes
- 2 gravy mixes
- 1 box of stuffing
- 1 cranberry sauce
- 3 cans of green beans
- 2 cans of cream of mushroom soup
- 1 bag of french onions
- A dozen rolls
- 1 small veggie tray
- A gallon of milk
- A box of butter
- 1 can of olives
- 1 pumpkin pie
- 1 whipped cream



## Why Thanksgiving Heroes?

### Staggering Stats

Across the US, children are going to bed hungry each night. 51% of kids in our nation are enrolled in free or reduced school lunch programs. Over the holidays, most of these children do not eat. We need to change that.

### Do Good, Feel Good!

We believe that volunteering will change your life. When you do good, you feel good. You can volunteer your time or donate financially. Look for all the ways you can help on our website: [thanksgivingheroes.org](http://thanksgivingheroes.org)

### Community Minded

We fundraise all year to purchase food at cost from local grocery stores. The Saturday before Thanksgiving, we call in all our volunteers to sort and deliver the meals to families in need. The families we serve have been nominated by schools or our community.

Ready to get Involved?