UTAH FOOD BANK

Mobile School Pantry Newsletter

November 2026

November Menu

- Canned Chicken
- Canned Mixed Vegetables
- Canned Applesauce
- White Sauce Pasta Meal
- Long Grain Rice
- Pinto Beans
- Bread Item
- Bag of Fresh Produce

Recipe of the Month

Creamy Chicken & Vegetable Rice Skillet

Ingredients:

- 1 can chicken, drained
- 1 can mixed veggies, drained
- 1 cup rice
- 1 package white sauce pasta meal
- Water and seasonings as needed

Instructions:

1. Cook rice according to package directions.
2. Heat chicken and mixed vegetables in a skillet over medium heat.
3. Prepare the white sauce pasta meal according to package directions, if using, and stir the sauce into the chicken and vegetables.
4. Serve over rice and season to taste!

Visit your school website or call the main office for distribution dates and times.

Did You Know?

Cranberries bounce when they're ripe! These little red berries have tiny air pockets that help them bounce, and farmers use this trick to sort them. Talk about jumping into the holiday season!

If you or someone you know needs assistance, call 2-1-1 to learn about available resources in your area, including food.