

Name _____

Due Date: April 30

Oquirrh Elementary Mountain Man Award 1st Grade

Complete **ALL** three "Required Goals".

Complete six of the 10 Optional Goals. Record the information on this sheet.

KEY: * - Teacher sign-off

@ - Family/teacher sign-off

Required Goals	
*	1. Receive only three or fewer Positive Action Plans and no out-of-school suspension for the year.
*	2. Home Reading: Read and turn in 2,400 minutes by April 30, 2019.
@	3. Service: Complete one hour of service and write three sentences describing the experience.

Optional Goals (complete any six)	
*	1. Attendance: Have less than five absences and tardies and/or early check-outs. For example, two absences, one early-check-out and one tardy (four total) would meet this goal.
*	2. Receive an 80% or higher on four out of eight math unit and benchmark tests.
*	3. Spelling: Earn a three or four in spelling OR sight words on your report card for two grading periods.
*	4. Math Facts: Pass off all Addition and Subtraction facts within 10.
@	5. Interview a grandparent/parent/neighbor to understand what school was like when he/she was a child. Write 2- 3 sentences (beginning, middle, end) about it. You may include a detailed picture.
@	6. Attend or participate in a community or cultural event and draw and label a picture.
*	7. Participate in one school-wide event (i.e. Reflections, Family Night, fundraiser)
@	8. Fitness Goal: A) Be able to tie shoes B) Walk/ run one mile (three laps of the field) C) Choose two of the following and do them for 12 days out of the month:

	<p>-Go to bed early (before 9 p.m.).</p> <p>-Eat a healthy breakfast.</p> <p>-Exercise 30 minutes a day.</p> <p>-Don't watch T.V., movies, or play electronic games.</p>
@	9. Memorize and be able to write your name, address, birthday, and parent's phone number.
@	<p>10. Create a project of your choice to teach a Positive Action. Have your teacher approve it before beginning.</p> <ul style="list-style-type: none"> • Collect articles on people who use a Positive Action • Write an article on a Positive Action • Write a poem, chant, or song about a Positive Action • Write a story, play, or skit that illustrates a Positive Action • Create a PowerPoint presentation that teaches a Positive Action <p>Positive Actions are actions that are healthy and positive. For example: saying kind words, doing chores without complaints, taking care of yourself, finding the positive in life, encouraging others, and setting goals.</p>

* - Teacher sign-off

@ - Family/Teacher sign-off